When is it time for the *Pathways for End Stage Lung Disease* Program?

1. Are your medications no longer effective in managing your symptoms?
2. While at rest, do you still have difficulty breathing or other symptoms that prevent you from doing things you want and need to do?
3. Have you had two or more emergency room visits or hospitalizations in the last 6 months for the same illness or symptoms?
4. Do you have other health issues such as kidney problems or heart disease?
5. Have you had more than two respiratory infections in the last year?
6. Are you seeking aggressive comfort care to improve your quality of life?

If you answered “yes” to one or more of these questions, now may be an appropriate time to discuss Hospice of Cincinnati with your physician.

Schedule an “information only” visit, where you’ll meet with one of our nurses to learn more about the program and hospice in general. Please call: 513-891-7700.

Learn more at our website: HospiceofCincinnati.org

“The care he received was as perfect as I could have imagined. Care givers were as compassionate as we could have hoped for.”

Alan Kinstler, son of patient, Cincinnati, OH

Our Mission

Hospice of Cincinnati creates the best possible and most meaningful end-of-life experience for all who need care and support in our community.

To receive more information about the *Pathways for End Stage Lung Disease Program*, *End Stage Heart Disease Program*, or to talk to a nurse about your situation, please call 513-891-7700.

Pathways
for
END STAGE
LUNG DISEASE
An Overview for Families

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Hospice of Cincinnati


4360 Cooper Road
Cincinnati, Ohio 45242
513-891-7700

HospiceofCincinnati.org

Hospice of Cincinnati is sponsored by Bethesda Inc. in a collaborative community partnership with TriHealth and Mercy Health.

Hospice of Hamilton is an affiliate of Hospice of Cincinnati.

Fernside—A Center for Grieving Children is an affiliate of Hospice of Cincinnati and supported wholly out of our mission.
How can Hospice of Cincinnati’s Pathways for End Stage Lung Disease benefit my family and me?

- By managing symptoms and focusing on quality of life, the end-of-life experience is enhanced and unnecessary hospital and emergency room visits can be reduced or eliminated.

- Hospice of Cincinnati provides end-of-life care, support and education for the patient and family so you know what to expect as the disease progresses. "We can't change the outcome, but we can change the experience" through education and support.

- Our team approach of coordinating an optimal plan of care with you rather than for you, helps create a peace of mind, allowing you to maintain control and independence. We provide the support of professionals to guide care based on your goals.

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We will manage the symptoms related to your disease including:

- Difficulty breathing
- Cough/congestion
- Depression and anxiety
- Pain
- Insomnia
- Anorexia
- Constipation
- Fatigue

We will monitor your condition through these assessments:

- Shortness of breath scale
- Ability to cough
- Mood changes
- Pain assessments
- Ability to sleep
- Changes in diet or appetite
- Constipation/nausea
- Weight
- Skin assessment
- Fluid retention or swelling
- Ability to carry out activities of daily living
- Walk distance and fatigue

- Customized Care—We will create a plan of care with you to provide the best possible and most meaningful end-of-life experience for the patient and the family. The plan will help us keep the patient at home, or the place they call home, with symptom control and comfort.

- More RN Visits—Studies show that non-profit hospices provide 14% more RN visits than for-profit hospices. Hospice of Cincinnati is one of the only non-profit hospices serving the broad community.

- 24/7 Availability—Hospice of Cincinnati’s RN staff is available 24/7 for questions and crisis symptom management either by phone or in person.

- Experience—Using our 35+ years of experience with end-of-life care, we have created a program specific to manage the symptoms of lung disease.

- Compassionate—Our compassionate care team includes RNs, social workers, chaplains, hospice aides, holistic care providers and trained volunteers who have specific training in end stage lung disease. They provide care under the direction of your physician and our pharmacist to add to the care provided by your community of family and friends.

- Inpatient Care Units—90% of our patients are cared for in their home or the place they call home. Short term inpatient care, in one of our four units across the city, is available specific for the management of acute symptoms such as pain, nausea or uncontrolled respiratory symptoms. Once symptoms are under control, the patient is transferred to their home or nursing home with continued hospice services.

Why should I consider Hospice of Cincinnati?

- Customized Care—We will create a plan of care with you to provide the best possible and most meaningful end-of-life experience for the patient and the family. The plan will help us keep the patient at home, or the place they call home, with symptom control and comfort.

- Above and Beyond—Hospice of Cincinnati is one of the few hospices in our region providing holistic services including music, art, pet therapies, massage, Reiki, and healing touch. Offering these services enhances the end-of-life experience for the patient and family and truly sets us apart from other hospices.

- Unparalleled Grief Services—Through the Goldstein Family Hospice of Cincinnati and Fernside Grief Center, our grief services for adults and children are free and available to all, regardless of whether their loved one was cared for by Hospice of Cincinnati.

Early engagement of hospice services leads to longer and better quality of life.

Patients who chose hospice care lived, on average, **29 days longer** than similar patients who did not choose hospice care.1


“Making end-of-life decisions can be difficult for patients and their family members. Involving the compassionate care of the Hospice of Cincinnati team can not only medically manage the complex symptoms associated with end stage lung disease but also greatly enhance a patient’s quality of life.”

*Dr. David Wiltse*

Pulmonologist, Group Health, TriHealth Physician Partners